

POST SCALING AND ROOT PLANING INSTRUCTIONS

Please read and follow these procedures. They will make you more comfortable and will help to prevent any possible complications.

1. CARE OF YOUR MOUTH:

Start brushing, flossing and continuing your prescribed oral hygiene regimen immediately. Begin using Listerine, or Peridex if recommended, the morning after your procedure.

2. DISCOMFORT:

Some discomfort is expected when the anesthesia wears off. Usually a couple of acetaminophen (Tylenol) or ibuprofen (Advil) will eliminate any discomfort. Sensitivity to cold or touch may temporarily occur. Removing all plaque from the tooth surfaces and brushing with a fluoride toothpaste or fluoride that we may prescribe will usually reduce or eliminate sensitivity. If sensitivity persists beyond 2 weeks, then please call us.

3. EATING:

You should refrain from eating or drinking until the local anesthetic wears off. Afterwards, resume your normal eating habits.

4. BLEEDING:

Slight bleeding may continue off and on following the procedure. This is not unusual and should stop. If bleeding persists beyond a few hours, please call our office.

It is our sincere desire that you are as comfortable as possible following any procedure in our office. If you should have any questions or problems, please call our office anytime: (301) 739-6868. If you need to speak to Dr. Bye after hours, his phone number is (301) 991-0267